

SWOOP

Choreographed by Doug & Jackie Miranda

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64 count

4 Wall Line Dance

Music: "Swoop" by Dazz Band

Begin after 16 counts

Counts-Step Description

Set 1 Cross Hitch, Touch Side, Cross Hitch, Touch Side, Cross Step, Point Side, Cross Step, Point Side

1-4 Cross hitch R knee over L, point R to R side, cross hitch R knee over L, point R to R side

5-8 Cross step R over L, point L to L side, cross step L over R, point R to R side

Set 2 Jazz Box In Place, 1/4 Turn L Pointing R to R Side, 1/4 Turn R Step, 1/4 R Pointing L to L Side, 1/4 Turn L Step

1-4 Jazz box in place crossing R over L, step back on L, step R to R side, step L next to R

5-6 Turn 1/4 L as you point R to R side, turn 1/4 R as you step down on R

7-8 Turn 1/4 R as you point L to L side, turn 1/4 L as you step down on L

Set 3 Heel, Hold, Touch Toe Back, Hold, Heel, Toe, Heel, Toe

1-4 Touch R heel forward, hold, touch R toe back, hold

5-8 Touch heel forward, touch toe back, touch heel forward, touch R toe back

Set 4 1/4 Turn R Out Out, Hold, & Cross Unwind 1/2 Turn L, Heel Jacks

&1-2 Turn 1/4 R as you step out R to R side step out L to L side (feet slightly apart), hold (weight remains on R)

&3-4 Step L next to R, cross R over L, unwind 1/2 turn L placing weight on L

&5&6 Step R back, touch L forward at angle, step down on L, step R next to L

&7&8 Step L back, touch R forward at angle, step down on R, step L next to R

Set 5 R Hip Bumps, L Hip Bumps

1&2&3&4 Stepping forward on R at an angle bump hips forward, back, forward, back, forward, back, forward (weight ends on R)

5&6&7&8 Stepping forward on L at an angle bump hips forward, back, forward back, forward, back, forward (weight ends on L)

Set 6 Rock Forward, Recover Back, Back Coaster Step, Syncopated Heels, Hitch, Step L Side

1-2 Rock R forward, recover back on L

3&4 Back R coaster step by stepping back on R, step L next to R, step slightly forward on R

5&6 Touch L heel forward, step L next to R, touch R heel forward

&7&8 Step R next to L, touch L heel forward, slightly hitch L knee as you take long step L to L side

Set 7 Touch Back, Step Side, Touch Back, 1/4 L, 1/2 Turn L, 1/4 Turn L

1-4 Touch R toe behind L, step R to R side, touch L toe behind R, step L into 1/4 turn L

5-8 Step forward on R, pivot 1/2 turn L (weight on L), step forward on R, turn 1/4 L (weight on L)

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SWOOP Continued

Set 8 Toe Struts Forward, Step Forward, Hold, ½ Turn L Hip Roll

1-2 Touch R toe forward bring hands up and frame face with palms facing inward and fingers pointed up, step down forward on R bring L hand under chin palm facing down and bring R hand at forehead level with palm facing down

3-4 Touch L toe forward bring hands up and frame face with palms facing inward and fingers pointed up, step down forward on L bring R hand under chin palm facing down and bring L hand at forehead level with palm facing down

5-8 Lower hands while stepping forward on R, hold, roll hips for 2 counts into a ½ turn L (weight ends on L)

Start Again!