

Sing Sing Sing

Choreographed by Doug & Jackie Miranda

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4 Wall – Upper Beginner line dance

Music – Edited Version of “Sing Sing Sing” by Benny Goodman (to locate music please e-mail Doug and Jackie at Bonanzab@aol.com; Note: the original version can be used but is quite longer for a great workout!)

Introduction: (this will occur after a “fast” 64 counts of drums solo)

Jazz Box With Hold Counts

1-4 Cross R over L, hold, step back on L, hold

5-8 Step R to R side, hold, step L next to R, hold

Repeat the jazz boxes for a total of 5 times (a total of 40 counts) and then begin the dance

COUNTS STEP DESCRIPTION

Set 1 Charleston 2X

1-2 Sweep and touch R toe forward, sweep step R back (weight on R)

3-4 Sweep and touch L toe back, sweep and step L forward (weight L)

5-8 Repeat steps 1-4 above

(Note: Swing those arms forward and back during the Charleston steps!)

Set 2 Touch Right Heel To Side 2X, Sailor Cross; Touch Left Heel To Side 2X, Sailor Step

1-2 Touch R heel diagonally to R side 2X

3&4 Cross R behind L, step L slightly to L side, step down on R as you slightly angle your body to L

5-6 Touch L heel diagonally to L side 2X

7&8 Cross L behind R, step R slightly to R side, step down forward on L

(Note: For styling and added fun and energy, raise your arms in the air and push upwards for counts 1-2 and counts 5-6 as you tap those heels!)

Set 3 Rock Forward, Recover, Rock Back, Recover Forward, ½ Turn Left, ½ Turn Left

1-2 Rock R forward, recover back on L

3-4 Rock back on R, recover forward on L

5-6 Step R forward, pivot 1/2 turn L (weight forward on L)

7-8 Step R forward, pivot 1/2 turn L (weight on L)

Set 4 Cross, Point, Cross, Point, Jazz Box ¼ Turn Right

1-2 Cross R over L, point L to L side (weight still on R)

3-4 Cross L over R, point R to R side (weight on L)

5-8 Cross R over L, step back on L, make a ¼ turn R stepping R to R side, step L next to R

Begin again and have loads of FUN!